



Changing to a New Formula Powder

Most babies will change to a new formula without any problems

Tips

- ☺ It is best to feed your baby when he or she is hungry.
- ☺ Be patient and give your baby time to adjust. If you have questions, talk to your WIC staff or your health care provider.

Did you know?

- ☺ Your baby's stool (poop) may look and smell different when you change formulas. This is normal.
- ☺ Your baby may burp or spit up a little more at first.
- ☺ Powdered formula blends better when you use a bigger bottle.
 - Prepare 4 ounces of formula in a 6-ounce bottle.
 - Prepare 6 ounces of formula in an 8-ounce bottle.
- ☺ Every formula tastes a little different. If your baby tried the new formula and did not like it, try changing formulas little by little, by using the directions below.

Directions for Helping Your Baby Change to the New Formula:

- Mix powders of different formulas together before mixing with water.
- You will need the new brand of formula and the old brand of formula

4-Ounce bottle	
Day 1	Mix: 1 scoop old brand of formula 1 scoop new brand of formula 4 ounces water
Day 2	Repeat Day 1
Day 3	Mix : 2 scoops new brand of formula 4 ounces water

6 Ounce Bottle	
Day 1	Mix: 2 scoops old brand of formula 1 scoop new brand of formula 6 ounces water
Day 2	Mix: 1 scoop old brand of formula 2 scoops new brand of formula 6 ounces water
Day 3	Mix: 3 scoops new brand of formula 6 ounces water